

## DESCRIPTION

### Customizable

The kit includes several plates of different weights along with bars and handles for kettlebells, allowing for customizing all of your equipment.

### Make them smart

They are compatible with the Move It sensor which, thanks to its mobile App, allows for complete training monitoring as well as an online exercise program.

### 4 Functions

Dumbbells, kettlebells, barbells, and grips for doing pushups can be used.

### Ergonomic

The bars are covered with foam for a firm and comfortable grip.

### Non-Slip

Includes ABS anti-slip grip and anti-slip twist locks.

### Technical Information

- Contents: 4-1kg plates, 4-1.25 kg plates, 1 padded barbell (1 kg), 2 dumbbells, 2 kettlebells, 1 kettlebell stand
- Materials: steel bar and plates with iron alloy and sand with polyethylene (PE) coating
- Dumbbell length: 35.5 cm
- Padded barbell length: 40 cm
- 1 kg plate dimensions: 14.5 x 3.1 cm
- 1.25 kg plate dimensions: 15.5 x 3.5 cm
- Color: black and orange

The bar weight (1kg) is included in the total weight.



## TECHNICAL SPECIFICATIONS.

Weight	10 kg
Color	10 Kg
Material	Anti-slip ABS and PC plastic
Product	Complete training Kit Xiaomi Fed
Shape	Ergonomic

## STRENGTHS

