



# DESCRIPTION

## FED dumbbells

### Customizable

The kit includes several plates of different weights along with bars and handles for kettlebells, allowing for customizing all of your equipment.

### Connected

It connects to the FED sensor which, thanks to its mobile App, allows for complete training monitoring as well as an online exercise program.

### 4 Functions

Dumbbells, kettlebells, barbells, and grips for doing pushups can be used.

### Ergonomic

The bars are covered with foam for a firm and comfortable grip.

### Non-Slip

Includes ABS anti-slip grip and anti-slip twist locks.

### Dumbbells technical information

- Contents: 4-1kg plates, 4-1.25 kg plates, 1 padded barbell (1 kg), 2 dumbbells, 2 kettlebells, 1 kettlebell stand
- Materials: steel bar and plates with iron alloy and sand with polyethylene (PE) coating
- Dumbbell length: 35.5 cm
- Padded barbell length: 40 cm
- 1 kg plate dimensions: 14.5 x 3.1 cm
- 25 kg plate dimensions: 15.5 x 3.5 cm
- Color: black and orange

The bar weight (1kg) is included in the total weight.

### FED sensor

#### Real-Time Monitoring

The FED sensor captures the movements of your exercise sessions with the FED weights. It can then collect data from workouts and offer you tips for improvement.

#### Wireless Connection

It connects to your cell phone with a Wireless 4.0 connection.

#### Proprietary App

Its App, FED, centralizes your training data and includes various exercise tutorials for different muscle groups.

#### Avoid Injuries

By detecting each movement trajectory, it can give you various tips to avoid injury.

#### Compatible with iOS and Android

Its application is easily linked with any device with Android 4.4 and iOS 9.0 or later.

### FED sensor technical information

- Compatibility: Android from 4.4 and iOS from 9.0
- APP: Feier App
- Connection: Wireless 4.0
- 6-axis gyro sensor
- Battery: 180mAh



- Input connection: Micro USB
- Input: 5V/1A
- Dimensions: 40 mm x 40mm x 47 mm
- Weight: 56 gr
- Material: silicone, ABS plastic, PC plastic

## TECHNICAL SPECIFICATIONS.

Weight	<b>10 kg</b>
Color	<b>10 Kg</b>
Power	<b>180mAh battery</b>
Connectivity	<b>Wireless 4.0 compatible.</b>
Compatibility	<b>Android and iOS devices</b>
Material	<b>Anti-slip ABS and PC plastic</b>
APP	<b>Feier</b>
Shape	<b>Ergonomic</b>
Ports	<b>Micro USB</b>

## STRENGTHS

**FED** REF.ORMANC10P EAN: 8427542117874

Recommended retail price: €99.90