

## DESCRIPTION

### 4 Functions

Dumbbells, kettlebells, barbells, and grips for doing pushups can be used.

### Ergonomic

The bars are covered with foam for a firm and comfortable grip.

### Non-Slip

Includes ABS anti-slip grip and anti-slip twist locks.

### Technical Information

- Contents: 4-1.25 kg plates, 4-1.5 kg plates, 4-2kg plates, 4-2.5 kg plates, 2 dumbbells, 1 padded barbell, 2 kettlebells, 1 kettlebell stand
- Materials: steel bar and plates with iron alloy and sand with polyethylene (PE) coating
- Dumbbell length: 50.5 cm
- Padded barbell length: 40 cm
- 1.25 kg plate dimensions: 15.5 x 3.5 cm
- 1.5 kg plate dimensions: 17 x 3.8 cm
- 2 kg plate dimensions: 18 x 4 cm
- 2.5 kg plate dimensions: 20 x 4.1 cm
- Color: black, orange

The bar weight (1kg) is included in the total weight. The bar can support 14 discs maximum



## TECHNICAL SPECIFICATIONS.

Weight	30 kg
Color	30 Kg
Material	Anti-slip ABS and PC plastic
Product	Complete training Kit Xiaomi Fed
Shape	Ergonomic

## STRENGTHS



REF. ORMANC30 EAN: 6973442820144

Recommended retail price: €109.90