

DESCRIPTION

Power up your home workout routine with these 3kg weight discs, designed to adapt the load to suit your needs. Made from high quality cast iron, they are ideal for adding extra weight to the barbells and dumbbells in the FED V1 and V2 weight kits for more demanding workouts. Sold individually, allowing you to customise your home gym your way.

Premium materials

These discs are made from an iron-sand alloy with a polyethylene (PE) coating, making them virtually indestructible. In addition, their coating allows them to be preserved in the best possible way and makes them easy to clean so that they are always in optimum condition.

Compatible with FED kits

Complement your FED V1 and V2 weight kits with extra discs and play with the weights. Their modular design allows you to adjust them according to the workout you are looking for by adding them to the dumbbells, barbell or kettlebell.

Easy to store

The compact and minimalist design will allow you to store your weights in the most discreet and tidy way possible.



TECHNICAL SPECIFICATIONS.

Weight	3 kg
Color	Black
Material	Iron-sand alloy, steel, PE



STRENGTHS