KSIX 20 kg Weight Kit, Dumbbells, Weight Plates, Bar, Kettlebell, Black

DESCRIPTION

A complete strength training kit consisting of dumbbells, kettlebells, padded bars, and weight plates of various sizes. The modular design allows you to fully customise your equipment. This kit is the perfect option for those with limited time to go to the gym and want to train at home, performing the essential strength exercises for full-body routines.



Progress with Your Workouts from Home

Thanks to the variety of weight plates, this kit allows you to work most of the muscles in your body through basic exercises, and progressively increase the weight to build strength and muscle, all from the comfort of your living room. No gym? No problem.

4-in-1 Weight Kit

The kit includes various weight plates, along with 2 dumbbell bars, a longer padded bar, 2 push-up grips, and a kettlebell holder, allowing you to customise your setup according to your workout needs.



Ergonomic Design

The dumbbell bars are designed to improve grip during workouts, as well as the grip for the kettlebell or the long foam-covered bar. A set designed for comfortable and efficient training.

Non-Slip Grip

This weight set includes a non-slip ABS grip and screw-on safety locks for a more secure workout.



Product Dimensions

- 10 kg Kit Contents: 4 x 1 kg plates, 4 x 1.25 kg plates, 1 padded bar (40 cm), 2 dumbbell holders (35 cm long), 2 kettlebell grips, 1 kettlebell holder, and 4 safety nuts.
- 20 kg Kit Contents: 4 x 1.25 kg plates, 4 x 1.5 kg plates, 4 x 2 kg plates, 1 padded bar (40 cm), 2 dumbbell holders (41 cm long), 2 kettlebell grips, 1 kettlebell holder, and 4 safety nuts.
- 30 kg Kit Contents: 4 x 1.25 kg plates, 4 x 1.5 kg plates, 4 x 2 kg plates, 4 x 2.5 kg plates, 1 padded bar (40 cm), 2 dumbbell holders (51 cm long), 2 kettlebell grips, 1 kettlebell holder, and 4 safety nuts.
- 40 kg Kit Contents: 4 x 1.25 kg plates, 4 x 2.5 kg plates, 8 x 3 kg plates, 1 padded bar (40 cm), 2 dumbbell holders (51 cm long), 2 kettlebell grips, 1 kettlebell holder, and 4 safety nuts.
- 50 kg Kit Contents: 8 x 1.25 kg plates, 8 x 2 kg plates, 8 x 2.5 kg plates, 1 padded bar (50 cm), 2 dumbbell holders (55 cm long), 2 kettlebell grips, 1 kettlebell holder, and 4 safety nuts.



Materials

- Steel bar and alloy weight plates with sand-filled polyethylene (PE) coating
- Dumbbell length: 35 l 41 l 51 l 55 cm
- Padded bar length: 40 l 50 cm
- 1 kg plate dimensions: 16 x 3 cm

- 1.25 kg plate dimensions: 16.5 x 3.3 cm
- 1.5 kg plate dimensions: 17.8 x 3.4 cm
- 2 kg plate dimensions: 18.8 x 3.8 cm
- 2.5 kg plate dimensions: 20.8 x 4 cm
- 3 kg plate dimensions: 22 x 4.1 cm
- Colour: Black and Red

TECHNICAL SPECIFICATIONS.

Weight	**20 kg**
Color	**Black**
Color	**20 Kg**
Material	**Anti-slip ABS and PC plastic**
Shape	**Ergonomic**

STRENGTHS

KSIX **REF.** BMANC01N20 **EAN:** 8427542135861

Recommended retail price: €59.99