HEAD Push-up dumbbells 1,5 kg with neoprene coating, Orange

DESCRIPTION



Push-up dumbbells are ideal for strengthening upper body muscles. Featuring an ergonomic design and coated in neoprene, they offer a comfortable and secure grip. The non-slip surface ensures stability during workouts, making them perfect for resistance and toning exercises. Ideal for home or gym workouts.

EFFECTIVE VERSATILITY: Push-up dumbbells can also be used as push-up bars, allowing for varied workouts and a wide range of exercises for the chest, shoulders, arms, and back

ERGONOMIC DESIGN: Designed with an ergonomic shape, they offer a comfortable and secure grip, reducing hand fatigue and improving stability during exercises

QUALITY MATERIALS: Made of iron and coated in neoprene, these dumbbells are sturdy and durable, ensuring long-lasting use even with intensive workouts

NON-SLIP STABILITY: The non-slip surface of the bases ensures a firm grip on the floor, preventing slips and ensuring safety during workouts

COMPLETE WORKOUT: Regular use of these push-up dumbbells can help improve muscle definition, increase upper body strength and endurance, and enhance core stability

TECHNICAL SPECIFICATIONS.

Color	**Orange**

STRENGTHS

HEAD **REF.** HDFT05 **EAN:** 8056254460437

Recommended retail price: €29.99