

DESCRIPTION

The Kingsmith WR3L Rowing Machine combines a realistic rowing experience with a design that blends seamlessly into any home. Its water resistance system recreates the natural feel of rowing, delivering a smooth, progressive and quiet stroke. Crafted from solid rubberwood and equipped with an LCD monitor, Bluetooth connectivity and compatibility with the Kingsmith App and Kinomap, it provides full-body workouts with performance tracking and virtual routes, while its innovative three-fold design minimises storage space.

Natural rowing feel

The 15.9 L water tank delivers progressive resistance that increases with the intensity of every stroke. The water level can be adjusted to provide up to five resistance levels, creating a rowing experience that closely replicates rowing on water while adapting to every user's pace.

Full-body workout

The rowing motion engages your legs, back, arms, shoulders and core in a single low-impact exercise. It is a complete training solution for improving cardiovascular fitness, building strength and enjoying efficient workouts from home.

Solid wood construction

Crafted from solid rubberwood, the WR3L offers a robust, stable and durable frame. Its natural wood finish creates an elegant look that blends effortlessly into any room, making it an attractive piece of furniture even when not in use.

Three-fold design to save space

Its exclusive Tri-Fold system folds the rowing machine into three sections, reducing its footprint to just 0.2 m². Once folded, it becomes compact enough to store neatly against a wall or beside furniture. Integrated transport wheels allow it to be moved easily whenever needed.

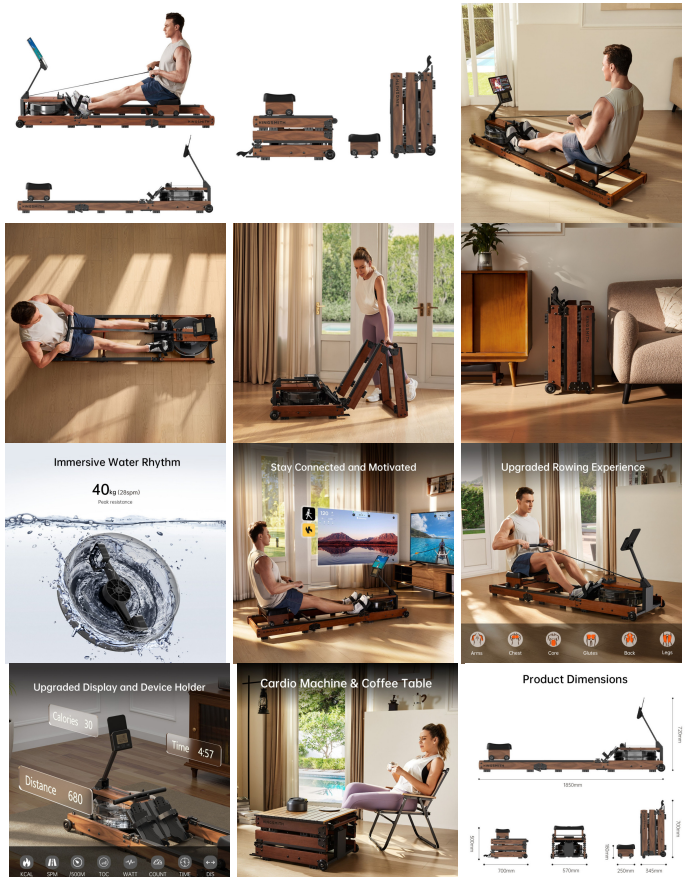
Smooth and quiet performance

The 109 cm dual aluminium rail, ergonomic sliding seat and water resistance system combine to deliver a stable and exceptionally quiet rowing experience. The long rail accommodates users up to 190 cm tall, ensuring a comfortable and natural rowing motion.

LCD monitor, Kingsmith App and Kinomap

The LCD display shows key workout metrics including time, distance, calories and stroke count, making it easy to track every session. Thanks to Bluetooth connectivity, the WR3L is also compatible with the Kingsmith App and Kinomap, allowing you to record your progress, view detailed statistics and enjoy virtual routes for a more engaging workout experience.

Integrated mobile device holder



An integrated holder keeps your mobile phone or tablet securely in place during training, making it easy to follow virtual classes, enjoy multimedia content or monitor your workout statistics while maintaining a comfortable rowing position.

Built to last

Its sturdy frame supports users weighing up to 180 kg, providing excellent stability even during intensive workouts. The water tank features two internal paddles that optimise water flow to deliver consistent resistance and a more realistic rowing feel.

TECHNICAL SPECIFICATIONS.

Dimensions	70 × 57 × 50 cm
Material	Wood
APP	KS Fit / Kinomap
Shape	Ergonomic
Display	LCD
Maximum weight supported	180 kg
Noise	Silent
Storage	Foldable
Unfolded dimensions	185 × 57 × 72 cm

STRENGTHS